

FAQ

(Frequently Asked Questions)

Note: All jumpers under the age of 18 must have a waiver signed by their parent or legal guardian. (Available on our website) If over 18, must bring photo I.D with DOB to verify age.

What are your operating hours?

Monday 11am-10pm

Tuesday-Thursday 2pm-10pm (11am-2pm for private functions)

Friday 11am-midnight

Saturday 10am-midnight (9am for Airobics)

Sunday 10am-10pm

How do we get to your location?

Take highway 50 and get off on Sunrise. Turn left if coming El Dorado Hills and right if coming from Sacramento. Take your first left onto Folsom blvd. We are located about a half mile down on the left hand side.

How much is it to jump?

*Monday, Tuesday, and Thursday it is \$9 per person for the first hour and \$6 for each additional hour. (Prices may vary on holiday weeks)

*WILD WEDNESDAYS! Every Wednesday (excluding holidays) it's \$9 for the first hour and \$2 for each additional hour! Reserve online no sooner than 48 hours in advance!

*Friday-Sunday it is \$9 per hour/per person.

Note: Only jumpers pay. Watching customers are free and have free access to our Wi-Fi and snack bar.

How old do you have to be to jump at Sky High Sports?

Children must be old enough to walk on their own. We even have a special court for children 8 years and younger to jump, if they don't feel comfortable jumping on the main court. (We tend to see older jumpers (teens and up) later in the evening.

Two years and younger:

We have special pricing for children two years and younger. When a wristband is purchased for a two year old, a parent has the option of receiving a supervisory wristband to help monitor their child(ren) on the courts. It is recommended and encouraged for jumpers eight and under to use our Kid's Court.

Kid's Court is always open! Please ask any staff member to have it opened in the event it is closed.

Do we need to make reservations to jump?

We HIGHLY encourage booking online. We book up quickly and there is no guarantee that you can get in unless you book in advance. We do accept walk-ins upon availability. We do not take reservations over the phone unless you are booking a group event with us.

What is a group?

A group usually ranges of 10 or more. We require a \$100 deposit and we charge \$10 per hour per person. We do not give change back from the \$100 deposit. This means in order to get your money's worth you need to have either ten jumpers for one hour or five jumpers for two hours.

Are there any group discounts?

Special group discounts only apply to non-profit organizations such as Boy Scouts, Schools, Churches, Etc. (with a non-profit tax-id number)

The group rate is \$7 weekdays \$8 weekends/holiday

We also require a deposit upon booking, to hold the day and time.

What is included in your birthday party packages?

Party package cost: \$250 first ten jumpers. \$20 additional.

Includes:

2 hours of jump time and a reserved table for your entire 2 hours.

1 slice of pizza and one bottle of water per jumper.

We provide a party host that cleans up and sets up your party.

We provide paper products such as paper napkins and forks.

And we provide invitations and waivers which can be downloaded and printed off our website,

Not included but you can order in addition.

Extra pizza: Large cheese is 13 and one dollar each additional topping..

Extra waters: \$1 per bottle. Other drinks: range from \$1.50-2.50

We also require a deposit of \$100, which is refundable up to 7 days before the event.

(We allow you to bring your own cake or cupcakes, but no other outside food or drink)

Does our group or party get the facility to ourselves?

No, we have a very large facility and can house mass amounts of people. We are always open to the public but you and your kids will have a blast regardless.

We do offer a private court for the reserved price of only \$150 for up to 20 jumpers. This court would be your court and no one else would be able to jump on it. You would have access to this court only but again, no one would have access to your own personal private court for a great price. This court allows you to either jump around freely for an hour or play Dodgeball with your own personal Dodgeball ref, or a mix of the two!

Is Dodgeball private?

No all the jumper that want to play Dodgeball form a line and our court monitors divide the teams. If you want to have a private game remember we do offer our private court for rental.

Can I rent out the facility?

Yes, call us for pricing and availability to rent out the entire facility all for yourself!

Can I bring in Food or Drink?

No, unfortunately we do not allow outside food or drink. We have snacks available as well as many different beverages. Come on in and check out what we have to offer.

If my child has been to Sky High Sports before, does he/she need another waiver?

If they have been to our facility more than twice we should have one on file. If you are unsure it is better to send them with another waiver, just in case.

What is AIRobics?

AIRobics is a cardio heavy, low impact workout.

Airobics classes are held Tuesday and Thursday 6 and 7 pm and Saturday at 10am.

Classes last about 50 minutes and are \$7 each class. Classes are 1st come first serve so we suggest that you arrive at least 10 minutes early.

What should I wear for jumping?

Tennis shoes that are laced or velcroed or bare feet. Comfortable clothes for jumping, shorts and t-shirts are suggested (it can get hot)

If you have any further questions after reading this please feel free to contact us at any time. Again we thank you for your time and look forward to seeing you. Come in and start JUMPING SKY HIGH!